

**Fresh, Healthy, Good Food
Every Day!**



This institution is an equal opportunity provider

May 2019 K-8 Pizza Fridays Menu					
Week 5	Monday, April 29, 2019	Tuesday, April 30, 2019	Wednesday, May 1, 2019	Thursday, May 2, 2019	Friday, May 3, 2019
Hot Lunch			Creamy Mac & Cheese Dinner Roll Cucumbers w/Dip Baby Carrots & Dip Fruit of the Day	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Baked Cheese Puffs Chilled Boomba Corn Salad Fruit of the Day	Fresh Hot Pizza Garden Greens Salad & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad			Cheese Lasagna Roll w/Marinara Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Macaroni & Cheese Egg Salad w/Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Broccoli Cheese Croissant Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 6	Monday, May 6, 2019	Tuesday, May 7, 2019	Wednesday, May 8, 2019	Thursday, May 9, 2019	Friday, May 10, 2019
Hot Lunch	Chicken Fritter Wrap WG Tortilla, Shredded Boomba Cabbage & Cheese Baby Carrots & Dip Fruit of the Day Strawberry Chex Mix	Taco in a Bag Nacho Cheese Chips & Seasoned Beef Shredded Lettuce & Cheese Black Bean & Cotija Salsa Fruit of the Day	Rosy Alfredo Ravioli Dinner Roll & Margarine Garden Greens Salad w/Veggies & Dressing Fruit of the Day	Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Fruit of the Day	Fresh Hot Pizza Mixed Greens Salad w/Veggies & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	Cheese Bosco Stick & Italian Ranch Grilled Greek Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Ravioli w/Red Sauce Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Veggie Cheeseburger Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Mozzarella Pinwheel Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Lime Chicken w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 1	Monday, May 13, 2019	Tuesday, May 14, 2019	Wednesday, May 15, 2019	Thursday, May 16, 2019	Friday, May 17, 2019
Hot Lunch	Cowboy Cheeseburger Goldfish Pretzels Baby Carrots & Dip Fruit of the Day	Sweet & Sour Chicken Steamed Seasoned Rice Mixed Greens Salad w/Dressing Fruit of the Day	Southwest White Queso Nachos Shredded Lettuce, Chz, Diced Tomatoes & Cilantro Golden Corn Chips Chilled Corn Salad Fruit of the Day	All Beef Hot Dog Hot Dog Bun & Ketchup Munchies Baked Beans Fruit of the Day	Fresh Hot Pizza Mixed Greens Salad w/Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	Broccoli Cheese Croissant Turkey & Lettuce Sand or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Lasagna Roll w/Marinara Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Mozzarella Pinwheel Grilled Curry Chix & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Bean & Cheese Burrito w/Cholula Hot Sauce Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 2	Monday, May 20, 2019	Tuesday, May 21, 2019	Wednesday, May 22, 2019	Thursday, May 23, 2019	Friday, May 24, 2019
Hot Lunch	Chicken Fritters Ketchup Garden Salsa Sun Chips Baby Carrots & Dip Fruit of the Day	Juicy Mozzarella Ranchburger WG Bun & Ketchup Furuyns Chilled Corn Boomba Salad Fruit of the Day	Orange Chicken Seasoned Brown rice Mixed Green Salad & Dressing Fruit of the Day	MYO Chilaquiles Tortilla Chips, Chicken Verde Sour Cream Black Bean Cotija Salsa & Carrot Slims w/Dip Fruit of the Day & Cinnamon Elf Grahams	Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla & Cholula Hot Sauce Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	French Toast Sticks (6) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 3	Monday, May 27, 2019	Tuesday, May 28, 2019	Wednesday, May 29, 2019	Thursday, May 30, 2019	Friday, May 31, 2019
Hot Lunch	Chicago Footlong Hotdog Ketchup & Mustard Cheetos Baby Carrots & Dip Fruit of the Day	Mongolian Meatballs Steamed Seasoned Rice Mixed Greens Salad & Dressing Fruit of the Day	Loaded Cheddar Queso Nachos Corn Tortilla Chips, Sour Cream Shredded Lettuce, Cheese & Boomba Corn Black Bean & Cotija Salsa Fruit of the Day	Cheeseburger Ketchup & Pickles Baked Cheese Puffs Dressed Carrots & Broccoli Fruit of the Day	Fresh Hot Pizza Garden Greens Salad w/Corn & Dressing Fruit of the Day
Vegetarian Deli Sandwich Deli Salad	Poblano Cheese Burrito Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Egg Fried Rice Chix Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Turkey & Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)

Menu is subject to infrequent changes

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim 1% milk choices offered daily