

Fresh, Healthy, Good Food
Every Day!



October 2018 K-8 Pizza Friday Menu

this institution is an equal opportunity provider

Week 5	Monday, October 01, 2018	Tuesday, October 02, 2018	Wednesday, October 03, 2018	Thursday, October 04, 2018	Friday, October 05, 2018
Hot Lunch	Breaded Chicken & Cheese Sandwich WG Bun & Ketchup Garden Veggie Sun Chips Baby Carrots & Dip Varietal Apple	Nacho Cheese Scoops Nacho Cheese Beef, Tomatoes & Cilantro Tostitos Scoops & Sour Cream & Cholula Hot Sauce Black Bean & Cotija Salsa Banana	Shredded BBQ Sandwich WG Bun Munchies Chilled Corn Salad Chilled Grapes	Old Fashioned Hamburger WG Bun & Ketchup Cheetos Cucumbers & Dip Chilled Pineapple	Fresh Hot Pizza Garden Greens Salad & Dressing Chilled Peaches
	Sandwich de pollo empanizado sabritas de trigo, y manzana Zanaoria con aderezo y Leche	Nachos de carne de rez con frijoles tomate, cilantro, crema y salsa cholula Platano y Leche	Sándwich de barbacoa triturado Ensalada de Elote con Uvas Leche	Hamburguesa Cheetos, pepino con aderezo y pina Leche	Pizza Esnalada fresca y aderezo Melocotones y Leche
Week 6	Monday, October 08, 2018	Tuesday, October 09, 2018	Wednesday, October 10, 2018	Thursday, October 11, 2018	Friday, October 12, 2018
Hot Lunch	Meatball Sub WG Hot Dog Bun Harvest Cheddar Sunchips Baby Carrots & Dip Varietal Apple	Creamy Mac & Cheese Dinner Roll Cucumbers & Dip Banana	Taco in a Bag Nacho Cheese Chips, Seasoned Beef Shredded Lettuce, Cheese & Cilantro Black Bean & Cotija Cheese Salsa Chilled Grapes	Chicken Fritters Mashed Potatoes Dinner Roll Chilled Pineapple	Fresh Hot Pizza Mixed Greens Salad & Dressing Chilled Peaches
	Meatball Sub sabritas de trigo, y manzana Zanaoria con aderezo y leche	Macarrones con Queso Pan, pepino con aderezo Patano y Leche	Taco de rez y queso de nachos lechuga, queso, cilantro, frijoles, y salsa Uvas y Leche	Tiras de pollo Pure de patata y pan Pina y Leche	Pizza Esnalada fresca y aderezo Melocotones y Leche
Week 1	Monday, October 15, 2018	Tuesday, October 16, 2018	Wednesday, October 17, 2018	Thursday, October 18, 2018	Friday, October 19, 2018
Hot Lunch	Chicken Fritter Sandwich CKC Fritter Sauce Goldfish Pretzels Baby Carrots & Dip Varietal Apple	All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Bag of Munchies CKC Baked Beans Banana	Brunch Lunch French Toast Sticks w/Syrup (6) Cucumbers w/Dip Chilled Grapes	Southwest White Queso Nachos Shredded Lettuce, Cheese, Diced Tomatoes & Cilantro Golden Corn Chips Chilled Corn Salad Chilled Pineapple	Fresh Hot Pizza Mixed Greens Salad w/Dressing Chilled Peaches
	Tiras de Pollo Pretzels y Manzana Zanaoria con aderezo y leche	Hot Dog Bun, Ketchup & Mustard Chips y frijoles Banana y Leche	Tostada Francesa y Jarabe de Arce Pepinos con Aderezo Uvas y Leche	Southwest White Queso Nachos Lechuga, queso, tomate y cilantro Chips, ensaladas de Elote, Pina, y Leche	Pizza Esnalada fresca y aderezo Melocotones y Leche
Week 2	Monday, October 22, 2018	Tuesday, October 23, 2018	Wednesday, October 24, 2018	Thursday, October 25, 2018	Friday, October 26, 2018
Hot Lunch	Orange Chicken Seasoned Brown Rice Broccoli w/Sesame Dressing Varietal Apple	Cheeseburger WG Bun, Ketchup, Mustard & Pickles Funyuns Cowboy Salad Banana	Creamy Mac & Cheese Dinner Roll Baby Carrots & Dip Chilled Grapes	Golden Chicken Tenders Ketchup & Ranch Sauce Dinner Roll Chilled Corn Salad Chilled Pineapple	Fresh Hot Pizza Mixed Greens Salad & Dressing Chilled Peaches
	Orange Chicken con Arroz de Trigo Broccoli con aderezo Manzana y Leche	Hamburguesa Chips, Ensalada, y Banana Ketchup & Mustard y Leche	Macarrones con Queso Zanaoria con aderezo, y Uvas Pan y Leche	Golden Chicken Tenders Ensalada de Elote y Pina Pan y Leche	Pizza Esnalada fresca y aderezo Melocotones y Leche
Week 3	Monday, October 29, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018	Thursday, November 01, 2018	Friday, November 02, 2018
Hot Lunch	Corn Dog Ketchup & Mustard Cheetos Baby Carrots & Dip Varietal Apple	Premium Chicken Nuggets Ketchup & Ranch Dinner Roll Chilled Corn Salad Banana	Beef & Bean Cheddar Queso Nacho's Corn Tortilla Chips, Sour Cream & Cholula Hot Sauce Shredded Lettuce & Cilantro, Cheese & Tomatoes Black Bean & Cotija Salsa Chilled Grapes		
	Corn Dog Cheetos, Zanaoria con Aderezo Manzana y Leche	Chicken Nuggets Ensalada de Elote y Platano Pan y Leche	Nachos de Rez con Queso Chips, Crema, Salsa cholula, Lechuga, Tomate Frijoles, y Leche		

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim & 1% Milk choices offered daily