## Fresh, Healthy, Good Food Every Day!

## CKC GOOD FOOD

November 2018 K-8 B No Cereal Bag Breakfast

this institution is an equal opportunity provider

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Week 3	Monday, October 29, 2018	Tuesday, October 30, 2018	Wednesday, October 31, 2018	Thursday, November 1, 2018	Friday, November 2, 2018
				Pillsbury Mini Maple Waffle Madness (2 comp)	2 oz Assorted Breakfast Bread (1 comp)
				100% Fruit Juice Box (1 comp)	Keebler Honey Grahams (1 comp)
					100% Fruit Juice Box (1 comp)
				Pillsbury Mini Maple Waffle	2 oz de Pan de trigo Keebler Galletas
				Jugo y leche	Jugo y leche
Week 4	Monday, November 5, 2018	Tuesday, November 6, 2018	Wednesday, November 7, 2018	Thursday, November 8, 2018	Friday, November 9, 2018
	Bakecrafters WG Honey Bun (2 comp)	Assorted Cereal Bar (1 comp)	Betty Crocker Oatmeal Choclate Chip Bar (1 comp	GNB Blueberry Muffin (1 comp)	3 oz Breakfast Brekkie (2 comp)
	100% Fruit Juice Box (1 comp)	* Yogurt (1 comp)/ Have Scholar Add to Bag	* Chz Stick (1 comp) / Have Scholar Add to Bag	Keebler Honney Grahams (1 comp)	100% Fruit Juice Box (1 comp)
		100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	
	Honey Bun	Barra de Cereal	Barra de Avena y chocolate	Blueberry Muffin	3 oz Breakfast Brekkie
	Jugo y leche	Yogurt, Jugo y leche	Queso, Jugo y leche	Jugo y leche	Jugo y leche
Week 5	Monday, November 12, 2018	Tuesday, November 13, 2018	Wednesday, November 14, 2018	Thursday, November 15, 2018	Friday, November 16, 2018
	Nutrigrain Cereal Bar (1 comp)	WG Single Strawberry Pop Tart (1 comp)	2 Packs Nature Valley Chocolate Crisps (2 comp)	Kellogg's French Toast Mini Bites (2 comp)	2 oz Assorted Breakfast Bread (1 comp)
	* Chz Sticks (1 comp) / Have Scholar Add to Bag	* Yogurt (1 comp)/ Have Scholar Add to Bag	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	Keebler Honney Grahams (1 comp)
	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)			100% Fruit Juice Box (1 comp)
	Barra de Cereal  Queso, Jugo y leche	Strawberry Pop Tart  Yogurt, Jugo y leche	Nature Valley Chocolate Crisps  Jugo y leche	Kellogg's French Toast Mini Bites  Jugo y leche	Keebler Honney Grahams Jugo y leche
	Queso, Jugo y lecile	roguit, Jugo y leche	Jugo y lecrie	Sugo y leche	Sugo y leche
Week 6	Monday, November 19, 2018	Tuesday, November 20, 2018	Wednesday, November 21, 2018	Thursday, November 22, 2018	Friday, November 23, 2018
	Bakecrafters WG Honey Bun (2 comp)	Assorted Cereal Bar (1 comp)	2 oz Assorted Breakfast Bread (1 comp)	GNB Blueberry Muffin (1 comp)	1.5 Breakfast Brekkie (1 comp)
	100% Fruit Juice Box (1 comp)	* Chz Stick (1 comp) / Have Scholar Add to Bag	Keebler Honey Grahams (1 comp)	* Yogurt (1 comp)/ Have Scholar Add to Bag	* Chz Stick (1 comp) / Have Scholar Add to Ba
		100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)
	Bakecrafters WG Honey Bun	Barra de Cereal	2 oz Assorted Breakfast Bread	Blueberry Muffin	Breakfast Brekkie
	Jugo y leche	QuesoJugo y leche	Jugo y leche	Yogurt, Jugo y leche	Yogurt, Jugo y leche
Week 1	Monday, November 26, 2018	Tuesday, November 27, 2018	Wednesday, November 28, 2018	Thursday, November 29, 2018	Friday, November 30, 2018
	Assorted Cereal Bar (1 comp)  Keebler Honey Grahams (1 comp)	Betty Crocker Butterscotch Oatmeal Bar (1 comp  * Chz Stick (1 comp) / Have Scholar Add to Bag	2 oz Assorted Breakfast Bread (1 comp)  * Yogurt (1 comp)/ Have Scholar Add to Bag	Pillsbury Apple Frudel (2 comp) 100% Fruit Juice Box (1 comp)	3 oz Breakfast Brekkie (2 comp) 100% Fruit Juice Box (1 comp)
	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fluit Juice Box (1 comp)	100% Fluit Juice box (1 comp)
	100 % Fruit Suice Box (1 comp)	100 /6 1 Tulk duice Box (1 comp)	100 /6 Fruit Juice Box (1 comp)		
	Barra de Cereal	Betty Crocker Butterscotch Oatmeal Bar	Assorted Breakfast Bread	Pillsbury Apple Frude	Breakfast Brekkie
	Jugo y leche	Queso, Jugo y leche	Yogurt, Jugo y leche	Jugo y leche	Jugo y leche
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