

November 2019 K-8 Pizza Every Fridays Menu					
Week 1	Monday, October 28, 2019	Tuesday, October 29, 2019	Wednesday, October 30, 2019	Thursday, October 31, 2019	Friday, November 1, 2019
Hot Lunch					Fresh Hot Pizza Crisp Greens Salad w Dressing Fruit of the Day
Veg Lunch					Cheese Pizza
Cold Lunch					Turkey & Cheese Lunch Box Pack
Veg Cold Lunch					Cheese Sandwich Grilled Chicken Power Salad or Veg Power Salad
Deli Salad					
Week 2	Monday, November 4, 2019	Tuesday, November 5, 2019	Wednesday, November 6, 2019	Thursday, November 7, 2019	Friday, November 8, 2019
Hot Lunch	Chicken Fritters Ketchup Garden Salsa Sun Chips Corn Crunch Salad Fruit of the Day	Juicy Mozzarella Burger WG Bun & Ketchup Crunchy Cheetos Baked Beans Fruit of the Day	Chicken Alfredo Penne w/Mozzarella Cheese Dinner Roll Mixed Greens & Dressing Fruit of the Day	Brunch Lunch French Toast Sticks, Margarine & Syrup Fruited Yogurt Sliced Cucumbers w/Dip Fruit of the Day	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day
Veg Lunch	Double Cheese Stuffed Breadstick	Veggie Sausage & Mini Cheese Bagel Sandwich	Pizza Crunchers w/ Marinara Sauce	Cheese Enchiladas	Cheese Pizza
Cold Lunch	Sunbutter & Jelly Sandwiches (2)	Honey Mustard Chix & Lettuce Ciabatta	Turkey & Lettuce Sandwich	Cheese Pizza Pack (Like a Lunchable)	Protein Medley: Egg, Chz Cubes, Mini Bagel & Margarine
Veg Cold Lunch	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 3	Monday, November 11, 2019	Tuesday, November 12, 2019	Wednesday, November 13, 2019	Thursday, November 14, 2019	Friday, November 15, 2019
Hot Lunch	Cheeseburger Ketchup & Pickles Doritos Cool Ranch Baked Beans Fruit of the Day	Mini Turkey Corn Dogs Ketchup Cornerrific Salad Fruit of the Day Keebler Chocolate Elf Grahams	Twisted Cheese Breadstick Italian Dip Mixed Garden Greens & Dressing Fruit of the Day	Parmesan Pasta w/Beef Sauce Sliced Cucumbers w/Dip Fruit of the Day	Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day
Veg Lunch	Wild Mikes Cheese Bites w/ Italian Dip	Mac & Cheese	Double Cheese Omelet & Mini Bagel w/Margarine	Bean & Cheese Burrito & Cholula Hot Sauce	Cheese Pizza
Cold Lunch	Grilled Greek Chicken Bun	Turkey & Provolone on Wheat Bread	Greek Yogurt, Chz Cubes & Mini Snackbread Loaf	Grilled Southwest Chicken on Ciabata	Deli Turkey Croissant
Veg Cold Lunch	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 4	Monday, November 18, 2019	Tuesday, November 19, 2019	Wednesday, November 20, 2019	Thursday, November 21, 2019	Friday, November 22, 2019
Hot Lunch	Golden Chicken Nuggets Ketchup & Ranch Harvest Cheddar Sun Chips Baked Beans & Baby Carrots w/Dip Fruit of the Day	Sloppy Joe WG Bun Fyunys Chilled Corn Boomba Salad Fruit of the Day	Shredded BBQ Sandwich WG Bun Mixed Greens Salad w/Dressing Fruit of the Day	Old Fashioned Soft Shell Beef Taco WG Tortilla, Shredded Lettuce & Cheese CKC Youza Slaw & Baby Carrots w/ Dip Fruit of the Day	Fresh Hot Pizza Carrots & Dip Fruit of the Day
Veg Lunch	Cheese Quesadilla & Cholula Hot Sauce	Veggie Nuggets w/Ketchup	Grilled Cheese Sandwich	Veggie Pizza Pack (Like a Lunchable)	Cheese Pizza
Cold Lunch	Grilled BBQ Chicken Bun	Power Combo: Grilled Chicken w/ Sides	Turkey & Cheese Lunch Box Pack	Sunbutter & Jelly Sandwich (1) w/ Chz Stick	Fresh Herb Chicken Croissant Sandwich
Veg Cold Lunch	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad
Week 5	Monday, November 25, 2019	Tuesday, November 26, 2019	Wednesday, November 27, 2019	Thursday, November 28, 2019	Friday, November 29, 2019
Hot Lunch	Breaded Chicken & Cheese Sandwich WG Bun & Ketchup Baby Carrots & Dip Fruit of the Day	Nacho Cheese Scoops Nacho Cheese Chicken, Tomatoes & Cilantro Tostitos Scoops Black Bean & Cotija Salsa Fruit of the Day	Creamy Mac & Cheese Dinner Roll Cucumbers w/Dip Fruit of the Day	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Crunchy Cheetos Corneriffic Salad Fruit of the Day	Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day
Veg Lunch	French Toast Sticks & Syrup	Bean & Cheese Burrito & Cholula Hot Sauce	Cheese Lasagna w/Marinara	Egg & Cheese Ciabata	Cheese Pizza
Cold Lunch	Fruited Yogurt, Cheese Stick & Bagel w/Cream Chz	Grilled Salsa Chicken on Ciabatta	Cheese Pizza Pack (Like a Lunchable)	Sliced Turkey & Cheddar on Whole Wheat Bread	Citrus Chicken w/Lettuce Bun
Veg Cold Lunch	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Deli Salad	Grilled Chicken Caesar or Veg Caesar Salad	Grilled Asian Chicken Salad or Veg Asian Salad	Grilled Chix Southwest Taco or Veg Taco Salad	Grilled Bistro Chicken Salad or Veg Bistro Salad	Grilled Chicken Power Salad or Veg Power Salad

\*Skim and 1% milk choices offered daily.  
\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.