

February 2020 Child Care(Ages 3-5) Cold Breakfast Menu

Week 3				
Monday, February 3, 2020		Tuesday, February 4, 2020		Wednesday, February 5, 2020
Three items meet USDA Requirements (One item must be fruit)	Multigrain Cheerios Cereal Bowl (1 comp)	Stuffed Cream Cheese Bagel (2 comp)	Kix Cereal Bowl (1/2 comp)	2 oz Assorted Breakfast Bread (1 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 10, 2020		Tuesday, February 11, 2020		Wednesday, February 12, 2020
Three items meet USDA Requirements (One item must be fruit)	Kix Cereal Bowl (1/2 comp)	GNB Blueberry Muffin (1 comp)	Cheerios Cereal Bowl (GF) (1 comp)	Maple Burst'n Mini Pancakes (2 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 17, 2020		Tuesday, February 18, 2020		Wednesday, February 19, 2020
Three items meet USDA Requirements (One item must be fruit)	Multigrain Cheerios Cereal Bowl (1 comp)	2 oz Assorted Breakfast Bread (1 comp)	Rice Chex Cereal Bowl (GF) (1 comp)	Golden Croissant & Margarine (2 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 24, 2020		Tuesday, February 25, 2020		Wednesday, February 26, 2020
Three items meet USDA Requirements (One item must be fruit)	Cheerios Cereal Bowl (GF) (1 comp)	Corn Muffin (1 comp)	Kix Cereal Bowl (1/2 comp)	GNB Blueberry Muffin (1 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 3, 2020		Tuesday, February 4, 2020		Wednesday, February 5, 2020
Three items meet USDA Requirements (One item must be fruit)	Multigrain Cheerios Cereal Bowl (1 comp)	Stuffed Cream Cheese Bagel (2 comp)	Kix Cereal Bowl (1/2 comp)	2 oz Assorted Breakfast Bread (1 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 10, 2020		Tuesday, February 11, 2020		Wednesday, February 12, 2020
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	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 17, 2020		Tuesday, February 18, 2020		Wednesday, February 19, 2020
Three items meet USDA Requirements (One item must be fruit)	Multigrain Cheerios Cereal Bowl (1 comp)	2 oz Assorted Breakfast Bread (1 comp)	Rice Chex Cereal Bowl (GF) (1 comp)	Golden Croissant & Margarine (2 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Monday, February 24, 2020		Tuesday, February 25, 2020		Wednesday, February 26, 2020
Three items meet USDA Requirements (One item must be fruit)	Cheerios Cereal Bowl (GF) (1 comp)	Corn Muffin (1 comp)	Kix Cereal Bowl (1/2 comp)	GNB Blueberry Muffin (1 comp)
	100% Fruit Juice Box (1 comp)	4 oz Applesauce	100% Fruit Juice Box (1 comp)	4 oz Applesauce
	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)	Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				



February 2020 Child Care #1 Pizza Fridays Menu

Week 3				
Monday, February 3, 2020	Tuesday, February 4, 2020	Wednesday, February 5, 2020	Thursday, February 6, 2020	Friday, February 7, 2020
Brunch Lunch Waffle, Sausage & Syrup Crispy Cubes Fruit of the Day	Orange Chicken Steamed Rice Steamed Peas Fruit of the Day	Meatballs & Gravy Dinner Roll Steamed Carrot Coins Fruit of the Day	Soft Shell Chicken Taco Tortilla, Seasoned Chicken, Citz & Cilantro Steamed California Normandy Fruit of the Day	Fresh Hot Pizza Steamed Green Beans Fruit of the Day
Hot Lunch				
Week 4				
Monday, February 10, 2020	Tuesday, February 11, 2020	Wednesday, February 12, 2020	Thursday, February 13, 2020	Friday, February 14, 2020
Sloppy Joe WG Bun Steamed Peas & Carrots Fruit of the Day	French Toast Sticks Syrup Steamed Mixed Veggies Fruit of the Day	Salisbury Steak & Gravy Dinner Roll Sweet Potatoes Fruit of the Day	Mac & Cheese Steamed California Normandy Fruit of the Day	Fresh Hot Pizza Steamed Carrot Coins Fruit of the Day
Hot Lunch				
Week 5				
Monday, February 17, 2020	Tuesday, February 18, 2020	Wednesday, February 19, 2020	Thursday, February 20, 2020	Friday, February 21, 2020
Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas & Carrots Fruit of the Day	Soft Beef Taco WG Tortilla, Seasoned Beef Shredded Cheese Steamed Green Beans Fruit of the Day	Sweet & Sour Chicken Dinner Roll Steamed Broccoli Fruit of the Day	Swedish Meatballs Dinner Roll Creamy Mashed Potatoes Fruit of the Day	Fresh Hot Pizza 5 Way Mixed Vegetables Fruit of the Day
Hot Lunch				
Week 6				
Monday, February 24, 2020	Tuesday, February 25, 2020	Wednesday, February 26, 2020	Thursday, February 27, 2020	Friday, February 28, 2020
Meatballs & Ketchup Dinner Roll Steamed Peas & Carrots Fruit of the Day	Chicken Alfredo Pasta Steamed Broccoli Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup Potato Cubes & Ketchup Fruit of the Day	Beef Hamburger Ketchup Steamed Green Beans Fruit of the Day	Fresh Hot Pizza Steamed Mixed Vegetable Fruit of the Day
Hot Lunch				

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

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Menu is subject to infrequent changes

February 2020 K-8 C Bagged Breakfast with Cereal Menu

Week 3				
	Monday, February 3, 2020	Tuesday, February 4, 2020	Wednesday, February 5, 2020	Thursday, February 6, 2020
Three items meet USDA Requirements (One item must be fruit)	4oz Assorted Breakfast Bread (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Assorted Cereal Bar (1 Comp) * Yogurt (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Pillsbury Cherry Strudel Fruidel (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Cinnamon Roll (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
				Assorted Bowl Cereal (1 Comp) * Chz Stick (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Week 4				
	Monday, February 10, 2020	Tuesday, February 11, 2020	Wednesday, February 12, 2020	Thursday, February 13, 2020
Three items meet USDA Requirements (One item must be fruit)	Bakecrafters WG Honey Bun (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	4 oz Assorted Breakfast Bread (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	New "Big Bowl" Cereal (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	GNB Blueberry Muffin (1 Comp) * Yogurt (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
				Mini Cinnis (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Week 5				
	Monday, February 17, 2020	Tuesday, February 18, 2020	Wednesday, February 19, 2020	Thursday, February 20, 2020
Three items meet USDA Requirements (One item must be fruit)	Student Favorite Fred (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Chocolate Chip Oatmeal Bar (1 Comp) * Yogurt (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Assorted Cereal (1 Comp) * Chz Stick (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	New Soft Filled Cereal Bar (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
				Lemon Poppy Seed Breakfast Loaf (1 Comp) * Chz Stick (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				
Week 6				
	Monday, February 24, 2020	Tuesday, February 25, 2020	Wednesday, February 26, 2020	Thursday, February 27, 2020
Three items meet USDA Requirements (One item must be fruit)	Bakecrafters WG Honey Bun (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Assorted Cereal Bar (1 Comp) * Chz Stick (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	4 oz Assorted Breakfast Bread (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)	Peach Cobbler Biscuit (2 Comp) 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
				Assorted Breakfast Brekkie (1 Comp) * Chz Stick (1 Comp) Have Scholar Add to Bag 100% Fruit Juice Box (1 Comp) Choice of Second Fruit Offered (1 Comp) Choice Milk Offered (1 Comp)
Chef's Choice May be Offered Daily				



February 2020 K-8 Pizza Every Fridays Menu

Week 3					Week 4					Week 5					Week 6				
Monday, February 3, 2020					Tuesday, February 4, 2020					Wednesday, February 5, 2020					Thursday, February 6, 2020				
Hot Lunch	Cheeseburger Ketchup & Pickles Doritos Cool Ranch Baked Beans Fruit of the Day	Mini Turkey Corn Dogs Ketchup Cornrific Salad Fruit of the Day Keebler Chocolate Elf Grahams	Twisted Cheese Breadstick Italian Dip Mixed Garden Greens & Dressing Fruit of the Day	Parmesan Pasta w/Beef Sauce Sliced Cucumbers w/Dip Fruit of the Day	Friday, February 7, 2020					Fresh Hot Pizza Baby Carrots & Dip Fruit of the Day									
Hot Lunch	Golden Chicken Nuggets Ketchup & Ranch Harvest Cheddar Sun Chips Baked Beans & Baby Carrots w/Dip Fruit of the Day	Sloppy Joe WG Bun Funyuns Chilled Corn Boomba Salad Fruit of the Day	Shredded BBQ Sandwich WG Bun Mixed Greens Salad w/Dressing Fruit of the Day	Old Fashioned Soft Shell Beef Taco WG Tortilla, Shredded Lettuce & Cheese CKC Youza Slaw & Baby Carrots w/ Dip Fruit of the Day	Friday, February 14, 2020					Fresh Hot Pizza Carrots & Dip Fruit of the day									
Hot Lunch	Breaded Chicken & Cheese Sandwich WG Bun & Ketchup Baby Carrots & Dip Fruit of the Day	Nacho Cheese Scoops Nacho Cheese Chicken, Tomatoes & Cilantro Tostitos Scoops Black Bean & Cortija Salsa Fruit of the Day	Creamy Mac & Cheese Dinner Roll Cucumbers w/Dip Fruit of the Day	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Rounds Crunchy Cheetos Cornrific Salad Fruit of the Day	Friday, February 21, 2020					Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day									
Hot Lunch	Chicken Fritter Wrap WG Tortilla, Dressed Cabbage & Cheese Baby Carrots & Dip Fruit of the Day Strawberry Chex Mix	Taco in a Bag Nacho Cheese Chips & Seasoned Beef Shredded Lettuce & Cheese Refried Bean Dip Fruit of the Day	BBQ Chicken Leg Seasoned Rice Cucumbers w/Dip Fruit of the Day	Meatball Sub w/Mozzarella WG Hot Dog Bun Goldfish Pretzels Boomba Corn & Carrot Slims w/ Dip Fruit of the Day	Friday, February 28, 2020					Fresh Hot Pizza Mixed Greens Salad & Dressing Fruit of the Day									

FEBRUARY 2020 FRESH FRUIT AND VEGETABLE PROGRAM



Monday	Tuesday	Wednesday	Thursday	Friday
3 Yellow Squash 	4 Mango 	5 Broccoli Florets 	6 Melon Medley 	7 Radish Slices 
10 Pineapple Chunks 	11 Grape Tomatoes 	12 Celery Sticks 	13 Red Grapes 	14 Cantaloupe 
17 Pepper Medley 	18 Strawberries 	19 Green Beans 	20 Cauliflower 	21 Cucumber Slices 
24 Honeydew 	25 Zucchini 	26 Red Grapes 	27 Mango 	28 Sliced Green Peppers 
FEBRUARY FRUIT AND VEGETABLE FUN FACTS: Zucchini is high in water, fiber, Vitamin A and C, and heart-healthy potassium. <i>**If you choose to serve dip with vegetables, make sure to only offer low-fat yogurt-based or other low fat or non-fat dips (1 - 2 tablespoons)</i>				