

651-453-1136

www.ckcgoodfood.com

		K-12 Hybrid Combo A Lunch			
	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	
ot	IT IS NOT WHAT IT IS	Chicken Taco Wrap	Old Fashioned Hamburger	Orange Chicken	Creamy Mac & Cheese
ch		WG Tortilla, Crunch Chicken	WG Bun, Ketchup, Mustard & Pickles	Seasoned Brown Rice	Crisp Salad & Dressing
	White Chocolate does	Shredded Cheese, Boom Sauce	Cheezits	Fresh Broccoli & Dip	Fruit of the Day
ek	not contain chocolate.	Creamy Bean Dip & Tortilla Chips	Baby Carrots & Ranch	Fruit of the Day	
/		Fruit of the Day	Fruit of the Day		
	Strawberry does not	Make Your Own Nachos	WOW Butter Cup & Bagel	Pizza Quesadilla	Meatballs & Ketchup
lle	belong to the Berry	Cheese Cup, String Cheese & Corn Chips	Cheese Stick	Veggie of the Day/Week	Nacho Cheese Chips
ch	Family.	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Fruit of the Day/Week	Veggie & Fruit of the Day/Weel
	7	8	9	10	
	Meatball Sub w/ Mozzarella Cheese	Sweet & Sour Chicken	Hearty Walking Beef Taco	Chicken Fritter Wrap w/ Youza Sauce	Enchilada Pasta
t	WG Bun	Seasoned Rice	, , ,	Chicken Fritters, WG Tortilla	Fresh Cilantro
ch	Cool Ranch Doritos	Asian Marinated Broccoli	Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese	Cheese & Youza Sauce	Crisp Salad & Homemade Dressin
					-
ek	Steamed Corn	Fruit of the Day	Cheesy Refried Beans	Baby Carrots & Ranch	Fruit of the Day
	Fruit of the Day	Fortune Cookie	Fruit of the Day	Fruit of the Day Maple Waffle Chicken Sandwich &	
lle	Cheese Bun & Cool Ranch Doritos	Breaded Chicken Patty & Bun	All Beef Hamburger & Bun	Cheese Stick	4.6 oz Wowbutter & Jelly Sandwi
:h	Veggie of the Day/Week	Veggie of the Day/Week	Baked Cheetos	Elf Grahams	Veggie of the Day/Week
	Fruit of the Day/Week	Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Fruit of the Day/Week
	14	15	16	17	
	Premium Chicken Nuggets	All Beef Hamburger	Au Gratin Potatoes & Chicken	Brunch Lunch	Build your Own Beef & Chz Nac
: :h	Ketchup	WG Bun & Ketchup	Fresh Bakery Roll	French Toast Sticks & Syrup	Tortilla Chips, Seasoned Beef
.11	Nacho Cheese Doritos	Cheetos	Garden Salad & Dressing	100% V Juice	Cheddar Chz Cup & Sour Cream
ek	Steamed Sweet Corn	Celery Sticks & Ranch	Fruit of the Day	Fruit of the Day	Cheesy Refried Beans
	Fruit of the Day	Fruit of the Day			Fruit of the Day
_	Cheese Bun	Chicken Corn Dog	Itallian Calzone	Bean & Cheese Burrito	Hot Dog & Bun
le					
:h	Nacho Cheese Doritos	Lemon Blueberry Bites	Veggie of the Day/Week	Corn Chips	Cheetos
	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week
	Juicy Mozzarella Burger	Golden Chicken Tenders	Cheesy Quesadilla	Sesame Chicken	Baked Penne & Meatsauce
t	, ,				
:h	WG Bun & Ketchup	Ranch Dip	Crisp Dinner Salad & Dressing	Steamed Rice	w/Shredded Cheese
	Cool Ranch Doritos	Mini Goldfish Crackers	Fruit of the Day	Asian Broccoli	Caesar Salad w/ Caesar Dressing
ek	CKC Chilled Picnic Beans	Crisp Celery Sticks	Elf Grahams	Fruit of the Day	Fresh Fruit of the Day
	Fruit of the Day	Fruit of the Day			
	Cheese Bun	Make Your Own Nachos	WOW Butter Cup & Bagel	Pizza Quesadilla	Meatballs & Ketchup
lle :h	Veggie of the Day/Week	Cheese Cup, String Cheese & Corn Chips	Honey Roasted Sun Seeds	Veggie of the Day/Week	Nacho Cheese Chips
	Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Fruit of the Day/Week	Veggie & Fruit of the Day/Week
	28	29	30	31	
	Golden Chicken Patty Sandwich	Beef Taco Pasta Bake	Build Your Own TexMex Meatball Wrap	Brunch Lunch	IT IS NOT WHAT IT IS
	WG Bun & Ketchup	Penne Pasta, Seasoned Beef	Southwest Seasoned Meatballs	French Toast Sticks & Syrup	
h	Baked Cheetos	Shredded Cheese & Cilantro	WG Tortilla, Shredded Cheese	100% V Juice	Almonds are not nuts;
k	Celery Sticks & Ranch	Steamed Sweet Corn	Sour Cream & Cholula, Shredded Lettuce	Fruit of the Day	They are seeds.
'n	Fruit of the Day	Fruit of the Day	Fruit of the Day		
		· · · ·		Maple Waffle Chicken Sandwich &	F () ()
le	Cheese Bun	Breaded Chicken Patty & Bun	All Beef Hamburger & Bun	Cheese Stick	Eggplant is not a
:h	Cool Ranch Doritos	Mixed Berry Animal Crackers	Nacho Cheese Doritos	Veggie of the Day/Week	vegetable. It is actually
	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Veggie & Fruit of the Day/Week	Fruit of the Day/Week	a berry.
ks		Vegetarian Lunch Option	s are Offered Daily (Served with Ve	eggie & Fruit of the Day)*	
V	Monday	Tuesday	Wednesday	Thursday	Friday
eg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian
100	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick &	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick & Mi
/eg			Bagel		Pancake Bag
VI	Monday	Tuesday	Wednesday	Thursday	Friday
'eg	Cheese Quesadilla & Cholula	Cheese Lasagna	Stuffed Cheese Bread w/Italian Dip	Bean & Cheese Burrito	Grilled Cheese Sandwich
/eg	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Hard Cooked Egg & Mini Frenc Toast Bag