

This institution is an equal opportunity provider

April 2021 SFSP K-12 Hybrid Combo A Lunch Menu (with options for In-School (Hot, Hot Vegetarian & Cold) & Virtual (Cold Distant Bundle))					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	Food, but Not Food Oatmeal is a popular ingredient in many skin soothing lotions and creams. Citrus fruits act as natural deodorizer and insect repellent.			Cheeseburger Ketchup Steamed Corn Fruit of the Day Milk (OVS)	Creamy Mac & Cheese Garden Greens Salad & Dressing Fruit of the Day Milk (OVS)
Bundle Lunch	Salt and lemon mixture removes rust.			Bean & Cheese Burrito Veggie of the Day/Week	All Beef Hot Dog Kit Veggie of the Day/Week
Week III	Ketchup removes tarnish from brass fixtures.			Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	Homemade Southwest Joe WG Bun & Shredded Cheese Steamed Corn Fruit of the Day Milk (OVS)	Chicken Taco Wrap WG Tortilla, Crunch Chicken Shredded Cheese, Boom Sauce Creamy Bean Dip & Tortilla Chips Fruit of the Day / Milk (OVS)	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickle Cheezits Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	Orange Chicken Seasoned Brown Rice Celery Sticks & Dip Fruit of the Day Milk (OVS)	Cheeseburger Pasta Bake Steamed Green Beans Fruit of the Day Milk (OVS)
Bundle Lunch	Cheese Bun Veggie of the Day/Week	Make Your Own Nachos Chz Cup, String Chz & Corn Chips Veggie of the Day/Week	WOW Butter Cup & Bagel Cheese Stick Veggie of the Day/Week	Cheesy Pull-Apart Bread Veggie of the Day/Week	Meatballs & Ketchup Nacho Cheese Chips Veggie of the Day/Week
Week IV	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	Meatball Sub w/ Mozzarella Cheese WG Bun Cool Ranch Doritos Steamed Corn Fruit of the Day / Milk (OVS)	Sweet & Sour Chicken Seasoned Rice Crisp Salad & Homemade Dressing Fruit of the Day Fortune Cookie & Milk (OVS)	Hearty Walking Beef Taco Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese Cheesy Refried Beans Fruit of the Day / Milk (OVS)	Chicken Fritter Wrap w/ Youza Sauce Chicken Fritters, WG Tortilla Cheese & Youza Sauce Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	Beef Stroganoff Grated Parmesan Chz w/ Parsley Wheat Dinner Roll Steamed Mixed Vegetables Fruit of the Day / Milk (OVS)
Bundle Lunch	Cheese Bun & Cool Ranch Doritos Veggie of the Day/Week	Breaded Chicken Patty & Bun Veggie of the Day/Week	All Beef Hamburger & Bun Baked Cheetos Veggie of the Day/Week	Sunseeds & Amazin Raisins Pack Cheese Stick & Cheezits	6 oz Wowbutter & Jelly Sandwich Veggie of the Day/Week
Week V	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	Premium Chicken Nuggets Ketchup Nacho Cheese Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	All Beef Hamburger WG Bun & Ketchup Cheetos Steamed Green Beans Fruit of the Day / Milk (OVS)	Hawaiian Teriyaki Grilled Chicken Sandwich Sweet Chili Doritos Garden Salad & Dressing Fruit of the Day Milk (OVS)	Brunch Lunch French Toast Sticks & Syrup 100% V Juice Fruit of the Day Milk (OVS)	Build your Own Beef & Chz Nachos Tortilla Chips, Seasoned Beef Cheddar Chz Cup & Sour Cream Cheesy Refried Beans Fruit of the Day / Milk (OVS)
Bundle Lunch	Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week	Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week	Italian Calzone Veggie of the Day/Week	Bean & Cheese Burrito & Corn Chips Veggie of the Day/Week	Hot Dog & Bun Cheetos Veggie of the Day/Week
Week VI	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	Juicy Mozzarella Burger WG Bun & Ketchup Cool Ranch Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	Golden Chicken Tenders Ranch Dip Mini Goldfish Crackers Steamed Green Beans Fruit of the Day / Milk (OVS)	Cheesy Quesadilla Steamed Corn Fruit of the Day Elf Grahams Milk (OVS)	Sesame Chicken Steamed Rice Crisp Celery Sticks Fruit of the Day Milk (OVS)	Meatball Mac & Cheese Dinner Roll Caesar Salad w/ Caesar Dressing Fruit of the Day Milk (OVS)
Bundle Lunch	Cheese Bun Veggie of the Day/Week	Make Your Own Nachos Chz Cup, String Chz & Corn Chips Veggie of the Day/Week	WOW Butter Cup & Bagel Honey Roasted Sun Seeds Veggie of the Day/Week	Wrapped Chz Omelette & 2 oz Snack Bread Veggie of the Day/Week	Meatballs & Ketchup Nacho Cheese Chips Veggie of the Day/Week
Week I	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Weeks I, III, V	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	SUN SEEDS & RAISINS PACK (Has 1/2 Cup Fru), Chz Stick & Strawberry Bites
Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Cheese Bosco Sticks w/Italian Dip	Bean & Cheese Burrito	Grilled Cheese Sandwich
Cold	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	6 oz Wowbutter & Jelly Sandwich	Egg Salad Bun

Instructions for packing the bundled Meals

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

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****Please Pack Red Print Items for BREAKFAST / LUNCH / SNACK / DINNER in one bag for Refrigeration. Attach Refrigeration Label to Bag.

****Please Pack All Black Ink Items in one bag (These are all Shelf Stable)

May 2021 Menu (Subject to Change)

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	Golden Chicken Patty Sandwich WG Bun & Ketchup Baked Cheetos Steamed Mixed Vegetables Fruit of the Day / Milk (OVS)	Enchilada Pasta Fresh Cilantro Steamed Sweet Corn Fruit of the Day / Milk (OVS)	Build Your Own TexMex Meatball Wrap Southwest Seasoned Meatballs WG Tortilla, Shredded Cheese Sour Cream & Cholula, Shred Lettuce Fruit of the Day / Milk (OVS)	Brunch Lunch Pancakes & Colby Cheese Omelet 100% V Juice Fruit of the Day Milk (OVS)	Chicken & Potato Pilaf Steamed Green Beans Fruit of the Day Milk (OVS)
Bundle Lunch	Cheese Bun & Cool Ranch Doritos Veggie of the Day/Week	Breaded Chicken Patty & Bun Mixed Berry Animal Crackers Veggie of the Day/Week	All Beef Hamburger & Bun Nacho Cheese Doritos Veggie of the Day/Week	Cheesy Pull-Apart Bread Veggie of the Day/Week	6 oz Wowbutter & Jelly Sandwich Veggie of the Day/Week
Week II	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS)	Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS)	Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS)		
Bundle Lunch	Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week	Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week	Italian Calzone Veggie of the Day/Week		
Week III	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)		

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.