

Name : October 2022 Stonebridge World School Lunch Menu			Options Provided : Hot & Hot Vegetarian Meals		
Age Group : K-8 Grades		Meal : Lunch		Meal Pattern : NSLP	
Week IV	Monday, October 3, 2022	Tuesday, October 4, 2022	Wednesday, October 5, 2022	Thursday, October 6, 2022	Friday, October 7, 2022
Hot Meal	<b>Queso Meatball Sub/ Albondigas con Queso</b>	<b>Breaded Chicken Patty Sandwich/Emparedado de Pollo</b>	<b>New Greek Nachos /Nachos Griegos</b>	<b>Brunch Lunch/Desayuno Almuerzo</b>	<b>Fresh Hot Pizza/Pizza de Queso</b>
	WG Bun & Cilantro/Pan y Cilantro	Bakery Bun & Ketchup/Pan,Salsa de Tomate	Seasoned Meat, Corn Tortilla Chips/Carne & Tortilla	French Toast Sticks w/Syrup/Tostada Francesa	Mixed Greens Salad & Dressing/Ensalada & Salsa
	Nacho Cheese Doritos/ Doritos	Baby Carrots & Dip/Zanahoria & Salsa	Tatziki Sauce/Salsa Tatziki	Celery Sticks /Palitos de Apio	Crisp Apple/Manzana
	Cheesy Refried Beans/Frijoles Refritos	Tropical Fruit Mix/Fruta Tropical	Corn Salsa/Salsa con Maíz	Summer Grapes/Uvas	Choice Milk/Leche
	Variety Applesauce & Choice Milk/Salsa de Manzana, Leche	Choice Milk/Leche	Banana & Choice Milk/Banano, Leche	Choice Milk/Leche	
Week V	Monday, October 10, 2022	Tuesday, October 11, 2022	Wednesday, October 12, 2022	Thursday, October 13, 2022	Friday, October 14, 2022
Hot Meal	<b>Mozzarella Burger/Hamburguesa con Queso</b>	<b>Pomodoro Meatballs/Albondigas</b>	<b>Creamy Mac &amp; Cheese/Macarrones con Queso</b>	<b>Sesame Chicken/Pollo Sesame</b>	<b>Fresh Hot Pizza/Pizza de Queso</b>
	WG Bakery Bun & Ketchup/Pan & Salsa de Tomate	WG Dinner Roll/Pan	Mixed Greens Salad & Dressing/Ensalada & Salsa	Steamed Seasoned Rice/Arroz al Vapor	Baby Carrots & Dip/Zanahorias & Salsa
	Cool Ranch Doritos/Doritos	Mashed Potatoes/Puré de Papa	Banana/Banano	Sliced Cucumbers/Tajadas de Pepino	Crisp Apple/Manzana
	Seasoned Black Bean/Frijoles Negros	Tropical Fruit Mix/Fruta Tropical	Vanilla Wafers/Galleta	Summer Grapes/Uvas	Choice Milk/Leche
	Variety Applesauce & Choice Milk/Salsa de Manzana & Leche	Choice Milk/Leche	Choice Milk/Leche	Lemon Crisps & Choice Milk/Galletas & Leche	
Week VI	Monday, October 17, 2022	Tuesday, October 18, 2022	Wednesday, October 19, 2022	Thursday, October 20, 2022	Friday, October 21, 2022
Hot Meal	<b>Golden Corn Dog/Perro con Maíz</b>	<b>Roasted Curry Chicken Drumstick/Pollo Curry</b>	<b>Cheeseburger/Hamburguesa con Queso</b>	<b>Chicken Fritters w/ Ranch Dip/Trocitos de Pollo con Salsa</b>	<b>Fresh Hot Pizza/Pizza de Queso</b>
	Goldfish Pretzels/Pretzels	Old Fashioned Biscuit/Galleta	Fresh Bakery Bun & Ketchup/Pan & salsa de Tomate	Cool Ranch Doritos/Doritos	Mixed Salad w/Dressing/Ensalada con Salsa
	Cornerrific Salad/Ensalada con Maíz	Fresh Broccoli & Dip/Broccoli & Salsa	Baby Carrots & Dip/Zanahoria & Salsa	Seasoned Black Beans/Frijoles Negros	Crisp Apple/Manzana
	Variety Applesauce/Salsa de Manzana	Tropical Fruit Mix/Fruta Tropical	Elf Grahams/Galletas	Summer Grapes/Uvas	Choice Milk/Leche
	Choice Milk/Leche	Choice Milk/Leche	Banana & Choice Milk/Banano & Leche	Choice Milk/Leche	
Week I	Monday, October 24, 2022	Tuesday, October 25, 2022	Wednesday, October 26, 2022	Thursday, October 27, 2022	Friday, October 28, 2022
Hot Meal	<b>Creamy Chicken Pasta/Pasta con Pollo</b>	<b>All Beef Hot Dog/Perro Caliente</b>	<b>Burrito Bowl/Burrito en Taza</b>	<b>Creamy Mac &amp; Cheese/Macarrones con Queso</b>	<b>Fresh Hot Pizza/Pizza de Queso</b>
	Soft Dinner Roll/Pan	WG Bun, Ketchup & Mustard/Pan & Sals	Brown Rice topped w/Seasoned Beef/Arroz Integral con Carne	Sliced Cucumbers & Dip/Pepino & Salsa	Broccoli Florets w/ DipBroccoli & Salsa
	Fresh Baby Carrots/Zanahorias	Cool Ranch Doritos/Doritos	Shred Chz, Lettuce & Youza Sauce/Queso, Lechuga, Salsa	Summer Grapes/Uvas	Crisp Apple/Manzana
	Variety Applesauce/Salsa de Manzana	CKC Baked Beans/Frijoles Horneados	Corn Ranchero/Maíz Ranchero	Mixed Berry Animal Crackers/Galletas	Choice Milk/Leche
	Choice Milk/Leche	Tropical Fruit Mix & Choice Milk/Fruta & Leche	Banana & Choice Milk/Banano & Leche	Choice Milk/Leche	
Week II	Monday, October 31, 2022	Chef Spotlight - Nora Martinez (Food Service Manager, CKC)			
Hot Meal	<b>BBQ Beef Sandwich/Emparedado de Carne BBQ</b>	<b>An easy and tasty recipe for Thanksgiving, or even a barbeque night</b>			
	Sunchips/Frituras				
	CKC Baked Beans/Frijoles Horneados	"I love cooking for family and friends. Cooking this recipe together as a team with my children for Thanksgiving brings me memories of when I was younger and helped my mother to prepare this special dish. Now that I grew up, I enjoy cooking special meals that my mother used to prepare for our family. Loaded potatoes was a favorite dish on our plate for Thanksgiving and we enjoy every bite of it with special memories.			
	Variety Applesauce/Salsa de Manzana	- Nora"			
	Choice Milk/Leche				
*** Hot Veg meals are served with vegetables and fruit of the day					

\* Skim and 1% milk choices offered daily.

\* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.

\* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

© CKC Good Food®

Menu is subject to infrequent changes

Loaded Potatoes - Recipe		
<b>Ingredients:</b> *8 potatoes *1 Cup butter *1 Cup sour cream *1/2 tsp salt *1/2 Tbls ground black pepper *1 Cup bacon bites *3 whole pickled jalapenos (chop them into little pieces)  <u>Reserve these for later</u> *1 Cup shredded cheddar cheese *1 1/2 Cup green onions	Servings: 16	<b>Steps:</b>  1. Wash the potatoes, dry them and cut them in half. Wrap them in thin foil with both slices together and place it on an oven pan. Bake @375 degrees for about 45 minutes. 2. Once cooked, cool and scoop some flesh out of the potatoes leaving a thick shell. The shell will be used later. 3. Mash the scooped flesh and mix all other ingredients. 4. Fill the shells with the mashed potato mix and bake them for about 15-20 minutes. 5. Garnish with cheese, green onions and loaded potatoes are ready to serve.

