

| Name: November 2022 Stonebridge World School PreK Lunch Menu | | Options Provided: Hot, Hot Vegetarian Meals | | | |
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| Age Group: Childcare (Ages 3-5) | | Meal: Lunch | | Meal Pattern: Preschool | |
| Week II | | Tuesday, November 1, 2022 | Wednesday, November 2, 2022 | Thursday, November 3, 2022 | |
| Hot Meal | | Soft Shell Chicken Taco WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk | Meatball Sub w/ Mozzarella Steamed Green Beans Banana Milk | Brunch Lunch French Toast Sticks & Syrup Tator Tots & Ketchup Chilled Mandarin Oranges Milk | NO SCHOOL NO HAY CLASES |
| | | Taco de Pollo, Tortilla, Queso, Vegetales al Vapor, Durazno, Leche | Albondigas de Carne con Queso, Judias Verdes, Banano, Leche | Desayuno/Almuerzo, Tostadas Francesa, Papas Tots, Mandarina, Leche | |
| Week III | Monday, November 7, 2022 | Tuesday, November 8, 2022 | Wednesday, November 9, 2022 | Thursday, November 10, 2022 | Friday, November 11, 2022 |
| Hot Meal | Premium Chicken Nuggets Ketchup Steamed Green Beans Diced Chilled Pears Milk | Mandarin Orange Chicken Steamed Brown Rice Steamed Peas Chilled Peaches Milk | Good Ole Fashioned Hamburger Ketchup Steamed Mixed Veggies Banana Milk | Pizza Crunchers w/ Italian Dip WG Roll Steamed Broccoli Chilled Mandarin Oranges Milk | Fresh Hot Pizza Fresh Green Salad & Dressing Fruited Applesauce Milk |
| | Trocitos de Pollo, Judias Verdes, Peras, Leche | Pollo a la Naranja, Arroz Integral, Arvejas, Duraznos, Leche | Hamburguesa, Vegetales Mixtos, Banano, Leche | Trozos de Pizza con Salsa Italiana, Broccoli, Mandarina, Leche | Pizza de Queso, Ensalada Fresca con Salsa Salsa de Manzana, Leche |
| Week IV | Monday, November 14, 2022 | Tuesday, November 15, 2022 | Wednesday, November 16, 2022 | Thursday, November 17, 2022 | Friday, November 18, 2022 |
| Hot Meal | Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk | Breaded Chicken Patty Sandwich Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk | Italian Dunkers Dippin' Sauce Steamed Peas Banana Milk | Brunch Lunch Scrambled Eggs & Cheese Corn Muffin, Tator Tots & Ketchup Chilled Mandarin Oranges Milk | Fresh Hot Pizza Crisp Salad & Dressing Fruited Applesauce Milk |
| | Joe Sloppy de Carne, Pan, Vegetales Mixtos al Vapor, Peras, Leche | Emparedado de Pollo Frito, Judias Verdes, Duraznos, Leche | Palitos de Queso con Salsa, Aruejas al Vapor, Banano, Leche | Desayuno/Almuerzo con Huevos Revueltos, Queso, Muffin de Maíz, Tots de Papa, Mandarina, Leche | Pizza de Queso, Ensalada con Salsa, Salsa de Manzana, Leche |
| Week V | Monday, November 21, 2022 | Tuesday, November 22, 2022 | | | |
| Hot Meal | Mozzarella Burger Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk | Pomodoro Meatballs WG Dinner Roll Mashed Potatoes Chilled Peaches Milk | NO SCHOOL THANKSGIVING BREAK | NO SCHOOL THANKSGIVING BREAK | NO SCHOOL THANKSGIVING BREAK |
| | Hamburguesa con Queso, Frijoles Refritos, Peras, Leche | Albondigas de Carne, Pan, Puré de Papa, Duraznos, Leche | NO HAY CLASES DESCANSO POR ACCION DE GRACIAS | NO HAY CLASES DESCANSO POR ACCION DE GRACIAS | NO HAY CLASES DESCANSO POR ACCION DE GRACIAS |
| Week VI | Monday, November 28, 2022 | Tuesday, November 29, 2022 | Wednesday, November 30, 2022 | Chef Spotlight - Jason Wilson, Field Kitchen Supervisor, CKC Good Food | |
| Hot Meal | Swedish Meatballs Soft Dinner Roll Steamed Green Beans Diced Chilled Pears Milk | Cheesy Lasagna Roll Steamed Sweet Peas Chilled Peaches Milk | Sheet Pan Curry Chicken Bakery Roll Creamy Mashed Potatoes Banana Milk | Connecting to Roots through Food | |
| | Albondigas Suecas, Pan, Judias Verdes, Peras, Leche | Lasaña de Queso, Aruejas Dulces al Vapor, Duraznos, Leche | | The 'Shoofly Pie' recipe is a favorite in my family. We have longstanding roots in Pennsylvania and this dish is often associated with the Pennsylvania Dutch Amish and Mennonite Communities. There are two styles to this treat: 'Dry' which has a cake-like texture, and 'wet', which has a custard-like bottom. My family always preferred the dry method but as I've learned to make it myself, I prefer the 'wet' pie. It's great for breakfast or dessert and is shelf-stable on the countertop for 5 days (while keeping covered.) - Jason | |
| | | | | Jason's 'Shoofly Pie Recipe' is on Page 2 | |

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

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